

The Psychological Six-Type Theory and Its Derivation

Ca-te-go-ry Theo – ry	1. emotional factor (relative): Anxiety	2. emotional factor (relative): Rage Wrath	3. cognitive- emotional f. (relative): Thinking Worry	4. emotional factor (relative): Joy	5. emotional factor (relative): Sadness	6. motivational- emotional f. (absolute, supra-summative): Awe Fear
Theory of basic emotions and psychoses: WHO / ICD ch. V, Freud, Kraepelin, Bleuler (Loch & Kutter, Lowen & Vogl)	1 st pole* of Depression patho-logical anxiety (* hypothesis)	1 st pole* of Mania pathological rage, impulsivity	1 st pole* of Schizophrenia pathological thinking and worry	2 nd pole* of Mania pathological joy, exuberance	2 nd pole* of Depression pathological sadness	2 nd pole* of Schizophrenia apathy, pathological indifference, listlessness and lack of arousal
HEXACO personality model or BIG 6: Lee & Ashton, Hogrefe (o-per-a test) (Goldberg, Norman, Tupes & Christall, Amelang et al. on the BIG 5)	Agreeable-ness , trust vs. anxiety towards sb. – (overlaps pt. 2)	Emotional stability , natural-ness, composure vs. rage (overlaps pt. 1)	Openness to experience, being open or free for thinking (cf. Kant)	Extraversion , sociability, euphoria, gregariousness	Conscientiousness , exclusion, exchange (ability to grieve)	Modesty, fairness, honesty, integrity, contentment, humility , in the sense of high mindfulness (cf. Michalak et al.)
Traditional Chinese Medicine , meridians / functional circuits: Masunaga, Kratky, Badelt, Doepp, Granet	Kidney/Bladder/ ears -> anxiety	Liver/Gall-bladder/ eyes -> rage, wrath	Spleen/Stomach/Pancreas/ mouth -> worry, brooding, fretting	Heart/Small intestine/ tongue -> joy, exuberance,	Lung/Large intestine/ nose -> sadness, hectic, hysterical	Circ.-sex./Hormon.-metab./ skin -> self-absorption, extreme fright, daze
Indo-Tibetan Ayurveda , 3 active principles / doshas: Kratky (Sachs)	Kapha/Bekan/Yin/Tha Stability	Pitta/TriPa/Yang/Ha Implemen-tation	Pitta & Kapha	Vata/Lung/Chi/Prana Movement & Pitta	Vata & partly also Pitta + Kapha	Kapha & Vata EXCURSUS Homeopathy: Ying/Yang/Chi = Syphilis/ Sycosis/Psora
Indian yoga teaching , 6 indiv. chakras / energy centres, 7 nadis / channels: Iyengar et al. (Patanjali, Krishnamacharya)	Trust , base of the coccyx (hopeful, free of anxiety) material	Instinct , below the navel (natural, composed, free of rage) biological	Intellect, thinking , solar plexus (open, clear) (overlaps other pts) intellectual	Self-awareness , centre of the chest (zest for life, pleasurable) emotional	Exchange, self-expres-sion , larynx (letting go, letting in) communicative	Intuition, self-absorption , above the eyebrows (calling, mission, motive) spiritual
Greek theory of temperaments , Galen (Hippocrates, Avicenna, Eysenck, Kratky, Amelang) et al.	Melan-cholic I* tendency to anxiety (* hypothesis)	Choleric tendency to rage	Phlegmatic I* tendency to thinking in terms of riddles	Sanguine tendency to euphoria, buoyant	Melan-cholic II* tendency to sadness, (hysteria, hecticness)	Phlegmatic II* tendency to self-absorption, shutting others out
Galen's theory of emotions: Galen	Anxiety	Rage	Shame ₆ (promotes worry)	Joy	Sadness	Fear (de/motivating)
Six-type theory	Phobic	Choleric	Stochastic	Euphoric	Theatrical	Apathetic